

WEEKLY GAME PLAN

From Gluttony To Sacrifice

Read Romans 5:12 NIV, Romans 8:23 NLT, Titus 1:16 NIV, Psalm 1:1-3 NIV

Context: Thank God that He has a cure for every curse from the enemy. And while salvation happens in a moment, our sanctification will take our whole lives. This is good for us who believe because it gives us time to do the things God created us for and to become the people in His original design. We need to remember that our actions reflect our heart, so it's in our best interest to take a careful look at how we're acting. When we live rightly before God we bless those around us.

Reflection Question: How have you been able to bless others by how you live for God? Why is this so important to God? Who has blessed you by being obedient to what God is telling them to do?

Read Hebrews 11:39-12:1 NLT, 2 Peter 1:3, 5-7 NIV

Context: We are not alone in this life. There are those who have gone before us, but there are also those who are going through the same things we are. We need to be open with our lives with others so that we can strengthen each other and uplift each other. We need to look out for what may be going wrong in our lives and invite trusted people to share what they see in us.

Reflection Question: Who is your accountability partner? How well do you let this person know you? How can you become more open to godly feedback so that you know what's wrong, so you can do something about it?

Read John 4:1-9 NIV

Context: Jesus was tired and thirsty. He had been walking for a while and it was the heat of the day. And in complete Jesus-fashion He started a dialog with someone He wasn't supposed to talk to, a woman, but not just any woman, a [Samaritan woman](#). However, Jesus did not place people in groups. He spoke to individuals. He listened to the person's heart. He did not act in accordance with the social norm, but He acted by the will of His Father.

Reflection Question: How often do you silence the Holy Spirit by not talking to someone He's leading you to because they are not part of your regular groups? Who has God given you a heart for that you have yet to reach out to? How can you do what God's asking you to do this week?

Read John 4:10-18 NIV

Context: This woman had no idea what Jesus was offering her. She wanted all the water so that she wouldn't have to keep coming back to the well. She wanted Jesus to make her life easier. She didn't realize that He was offering her eternal life. She was willing to settle for water that would quench her physical thirst, not realizing that she was dead inside and He was offering her so much more.

Reflection Question: How often have you asked God for something to stop the pain or trials or suffering right now, only to later realize that you had to endure that to get what He was ultimately offering? How much better was what He was offering than what you were going to be willing to settle with? What do you have to offer others that's better than what they think they need?

Read Luke 9:23-24, Philippians 2:3-8, Mark 10:29-30 NIV

Context: Whatever we give up *for* God will be replaced with something so much better *by* God. We cannot fulfill the purpose for which we were created outside of living a life for Christ. The further I try to go from God and His will for me, the further I get from His covering over my life. When we forgo the gluttony of trying to constantly get, for the privilege of sacrificing for others, we get to live in the true freedom of God.

Reflection Question: What's something that you could do for someone in your life this week? How can you show God's love practically to a friend, neighbor, or co-worker this week? Why would this have lasting value?

End in prayer. Move from gluttony to sacrifice in your relationships this week.